

## FLEXMAX™

### CLINICAL APPLICATIONS

- Aids in muscle growth and recovery
- Reduces inflammation
- May help promote strength and muscle function
- May help support cardiovascular function

**Epicatechin** has been studied to positively affect skeletal muscle growth by inhibiting myostatin and enhancing follistatin.

**BPC-157** is a partial sequence of body protection compounds (BPC) found in human gastric juice. It has been researched to see if it can accelerate the healing of a variety of wounds, including tendon-to-bone healing and healing of damaged ligaments.



### DISCUSSION

The **flavanol epicatechin** is used in the treatment of sarcopenia (muscle wasting), the body's tendency to shed muscles as we age or reduce activity. Research into the effects of epicatechin measured changes in protein levels of molecular growth modulators to explore its effects on muscle mass and found that epicatechin reduces myostatin (a marker that reduces muscle growth), thus allowing for maximal muscle development. By inhibiting myostatin, a protein that controls (and limits) the amount of muscle mass you can gain, epicatechin can improve muscle strength and maintain healthy muscle tissue.

In response to tendon and ligament injuries, **BPC-157** supports healing by increasing type 1 collagen in these tissues. BPC-157 is cytoprotective and thus helps maintain the mucosal lining of the GI tract. As an anti-inflammatory, it supports the protection and healing of inflamed intestinal tissues. It may also play a role in tissue damage repair by increasing blood flow to damaged tissues. BPC-157 is stable in human gastric juice and has no reported toxicity.

### NUTRITION

SUPPLEMENT FACTS		
Serving Size		
2 Capsules   Servings: 30		
	Amount Per Serving	%DV
Epicatechin	400mg	*
BPC-157	500mcg	*
Other Ingredients		
Hydroxypropyl Methylcellulose, Rice Flour, Silicon Dioxide		
*Daily Value Not Established		

**DIRECTIONS:** Take 2 capsules daily or as needed. Do not exceed more than 2 capsules in a 24h period.

+ These statements have not been evaluated by The Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### REFERENCES

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