

FlexMax™

CLINICAL APPLICATIONS

- Aids in muscle growth and recovery
- Reduces inflammation
- May help promote strength and muscle function
- May help support cardiovascular function

Epicatechin has been studied to positively affect skeletal muscle growth by inhibiting myostatin and enhancing follistatin. **BPC-157** is a partial sequence of body protection compound (BPC) found in human gastric juice. It has been researched to see if it can accelerate healing of a variety of wounds including tendon-to-bone healing and healing of damaged ligaments.



DISCUSSION

The flavanol epicatechin is used in the treatment of sarcopenia (muscle wasting), the body's tendency to shed muscle as we age or reduce activity. Researchers into the effects of epicatechin measured changes in protein levels of molecular growth modulators to explore its effects on muscle mass and found that epicatechin reduces myostatin (marker that reduces muscle growth) thus allowing for maximal muscle development. By inhibiting myostatin, a protein that controls (and limits) the amount of muscle mass you can gain, epicatechin can improve muscle strength and maintenance of healthy muscle tissue.

In response to tendon and ligament injury, BPC-157 supports healing by increasing type I collagen in these tissues. BPC-157 is cytoprotective and thus helps maintain the mucosal lining of the GI tract. As an anti-inflammatory, it supports the protection and healing of inflamed intestinal tissues. It also may play a role in tissue damage repair by increasing blood flow to damaged tissues. BPC-157 is stable in human gastric juice and has no reported toxicity.

NUTRITION

SUPPLEMENT FACTS

Serv Size: 2 Capsules | Servings per container: 30

	Amount Per Serving	%DV
FlexMax® Proprietary Blend	400mg	
Epicatechin		
BPC-157		
Arginate		
*Daily Value Not Established		

Other Ingredients:

Hydroxypropyl Methylcellulose, Rice Flour, Magnesium Stearate, Silicon Dioxide

Directions: 2 capsules per day. Take with water.

REFERENCES

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